## **Pre-Trip Information for Parents**

We're excited to have your child join us for the day at Mt Hutt! To help ensure that they have a great experience, please find some information below to help you prepare.

Recommended essentials for a day on the mountain:

- Waterproof outer layer including a waterproof jacket and a pair of waterproof or similar over-trousers.
- Warm layer to wear under your waterproof outer layer (no denim jeans).
- A warm jersey or polar fleece middle layer.
- Polyprop or merino thermal layer including long leggings or tights.
- A t-shirt or thin layer to wear under mid layer.
- Sunglasses or ski goggles (very important).
- Sunscreen.
- Socks (1 to wear and 1 spare).
- Warm gloves (preferably waterproof).
- Beanie and hat.
- Snacks for your pockets when out on the mountain. Good size with high energy level foods (bananas are great)!
- Plastic bag for wet gear.
- Eftpos. There are no ATMs on the mountain and our ski areas are cashless.

Sunglasses or goggles are essential for preventing snow blindness. Also make sure you have plenty of water, sunscreen, and food for the day. We stress that you do not have to have the most expensive gear for your trip to the mountain, whilst it is important to have the right gear for alpine conditions, there are great cheaper substitutes for the expensive gear out there.

Your child's safety is paramount to them having a great day. We provide helmets for all students attending lessons with us. However, if your child already has their own ski helmet, we recommend they bring their own. If your child has any medical conditions that we should be aware of, please ensure to advise your school so they can provide information to us in advance.

